# PRODUCT SENSITIVITY/ALLERGY INFORMATION & USAGE

WE DO OUR BEST TO UPDATE THE FOLLOWING AS SOON AS WE MAKE ANY PRODUCT INGREDIENT CHANGES. AS OF JANUARY 2017, THE BELOW INFORMATION IS APPLICABLE. WE CANNOT BE HELD RELIABLE FOR ANY ADVERSE REACTIONS CAUSED AS PARTICIPATION IN THE USE OF HEALTH HUT PRODUCTS. IT IS YOUR RESPONSIBILITY TO LOOK OUT FOR YOUR OWN HEALTH CONCERNS AND TO AVOID ANY INGREDIENTS YOU HAVE PREVIOUSLY HAD A NEGATIVE REACTION TO. YOU WILL FIND THE POSSIBLE OTHER INGREDIENTS IN THE EVENT OF CROSS CONTAMINATION (LISTED TO ASSIST IN THOSE WHOM HAVE SEVERE ALLERGIES) OR THERE IS AN ALTERATION AS IN CUSTOM ORDERS IN SMALLER PRINT. IN OIL BASED PRODUCTS THIS APPLIES:

ALTERNATE OILS NOT FOUND ON LABEL MAY BE PRESENT IN TRACE AMOUNTS. THESE INCLUDE OLIVE, JOJOBA, ROSEHIP, GRAPE SEED, AVOCADO, SAFFLOWER, MUSTARD, SESAME, EMU OR ALMOND OILS.

Additional product-specific information about variations are found under applicable products in lighter font.

Bath 1

Differentiation in essential oils are often used in the following products. Please inquire about any sensitivities/allergies.

### **Bath Salts**

dead sea salt, Himalayan pink salt, Epson salt, jojoba, vitamin E, lavender and benzoin.

Traces of other oils may be found such as olive, jojoba, grape seed, avocado, safflower, mustard, sesame, or almond oils.

\*Great for long soaks, easing muscle aches; has a gentle relaxing scent.

#### Bath tea

Epsom salt, Himalayan pink salt, lavender calendula, chamomile, goats milk,

baking soda

Differentiation in herbs, in the case of a addition or replacement of above listed herbs, as in rose buds, for example. Various essential oils may be included.

\*Get a softening relaxing bath without the residue left by most products. No mess!

## Fizz bath salt

Epsom salt, Dead Sea salt, citric acid, baking soda, lavender, lemongrass,

bergamot.

\*Soften skin and add a gentle aroma to your bath plus fun. Softens skin relaxes the body.

#### Foot scrub

Dead sea salt, jojoba, peppermint, menthol, and tea tree.

\*Invigorating cleansing foot scrub that will soften rough areas, while leaving your feet tingling clean!

Facial 2

### Angel mud

Green clay, witch hazel, apricot kernel, castile soap, cocoa butter and

lavender

May contain Vitamin E. Differentiation in essential oils are often used. Please inquire about any sensitivities/allergies.

\*Cleanses, purifies and rehydrate; use as a daily cleanser or a facial mask.

#### **Toner**

Distilled water, Aloe, herb hydrosols (chamomile, comfrey, and cucumber and/ or rosemary), Jasmine essential oil.

Differentiation in essential oils are often used. Please inquire about any sensitivities/allergies.

After bath 3

# **Body butter**

Cocoa, coconut, Shea, aloe butter, rosehip, vitamin E, and jojoba oils \*Body moisturizer that soothes rehydrates and rejuvenates skin cells.

# **Hard perfume**

Cocoa butter beeswax essential blends.

\*Convenient carry-with perfume. Let it slightly melt with the rub of your finger and apply.

## **Roll-On Perfume**

Distilled water, aloe, which hazel, and various essential oils.

# **Body therapy**

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# Pain away

Grape seed oil, olive oil, mustard seed, jojoba, calendula, arnica, chamomile, Comfrey, Lobelia.

\*Use on sore areas needing attention, massage oil, or foot oil to rejuvenate and moisturize.

### **Ultimate healing salve**

Cocoa butter, beeswax, tamanu, carrot seed, neem seed, cocoa butter, arnica, calendula, chamomile and lavender.

. Variation in herbs as in lemon balm and self-heal. Differentiation in essential oils are often used. Please inquire about any sensitivities/allergies.

\*Use on scrapes, burns, rashes, sore muscles. This is truly is the ultimate healing salve!

#### Man hands salve

Beeswax, Shea butter, aloe butter vitamin E, jojoba, olive oil, cypress, marjoram, benzoin, Carrot seed essential oils.

\*Heals, hydrates and accommodates rough, dry, cracked skin.

## Muscle Warming rub

Shea butter, aloe butter, vitamin E, jojoba, black pepper, camphor, lemongrass, menthol, tea tree, and eucalyptus.

\*Use in lieu of icy hot creams great muscle rub.

#### **Cooling Tingle Rescue Salve**

grape seed, safflower, avocado and coconut oils, beeswax, stearic acid (vegetable fat), rosemary, chamomile and calendula herbs,

essential oils of rosemary, eucalyptus, camphor, peppermint, and menthol.

\*Used in lieu of Vicks petroleum based rub.